What is claimed is:

- 1. An imaging composition comprising one or more sensitizers in sufficient amounts to affect a color or shade change in the imaging composition upon application of energy at intensities of 5mW or less.
- 2. The imaging composition of claim 1, further comprising one or more reducing agents, color formers, oxidizing agents, binder polymers, plasticizers, flow agents, chain transfer agents, organic acids, adhesion promoters, rheology modifiers, thickeners, surfactants, an adhesive and diluents.
- 3. The imaging composition of claim 1, wherein the one or more sensitizers has a formula:

where p and q independently are 0 or 1, r is 2 or 3; and R_1 is independently hydrogen, linear or branched (C_1 - C_{10})aliphatic, or linear or branched (C_1 - C_{10})alkoxy; and R_2 is independently hydrogen, linear or branched (C_1 - C_{10})aliphatic, (C_5 - C_7)ring, alkaryl, phenyl, linear or branched (C_1 - C_{10})hydroxyalkyl, linear or branched hydroxy terminated ether, or the carbons of each R_2 may be taken together to form a 5 to 7 membered ring with the nitrogen, or a 5 to 7 membered ring with the nitrogen and with a second heteroatom chosen from oxygen, sulfur, or a second nitrogen.

- 4. An imaging composition comprising one or more cyclopentanone based conjugated photosensitizers in sufficient amounts to affect a color of shade change in the imaging composition upon application of energy at intensities of 5mW or less.
- 5. The imaging composition of claim 4, further comprising one or more reducing agents, color formers, oxidizing agents, binder polymers, plasticizers, flow agents, chain transfer agents, organic acids, surfactants, diluents, rheology modifiers, thickeners, adhesion promoters, and an adhesive.
- 6. The imaging composition of claim 5, wherein the one or more cyclopentanone based conjugated photosensitizers comprise from 0.005wt % to 10wt % of the composition.

- 7. An imaging composition comprising one or more sensitizers, one or more diluents, one or more rheology modifiers, and one or more thickeners, the one or more sensitizers are in sufficient amounts to provide a color or shade change in the imaging composition upon application of energy at intensities of 5mW or less.
- 8. A method comprising:

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- a) providing an imaging composition comprising one or more sensitizers in sufficient amounts to affect a color or shade change in the imaging composition upon exposure to energy at intensities of 5mW or less;
- b) applying the composition to a workpiece; and
- c) applying the energy at the intensity of 5mW or less to the imaging composition to affect the color or shade change.
- 9. The method of claim 8, wherein the energy applied is at least 0.2mJ/cm².
- 10. The method of claim 8, wherein the energy is selectively applied to the imaging composition to form a pattern